

LEVEL THREE EXAMINATION SAMPLE QUESTIONS

During an acute onset of pain, it is impossible to obtain a detailed analysis of:

- A. **faulty mechanics**
- B. muscular balance
- C. joint dysfunction
- D. muscular strain

During a whiplash injury, the head is thrust backward so suddenly that the TMJ:

- A. **anteriorly displaces**
- B. posteriorly displaces
- C. follows head movement
- D. closes the jaw

Physical demand capability assessments test essential task of manual material handling by:

- A. **both isometric and dynamic testing**
- B. determining if an individual can perform a task required
- C. filling out a questionnaire to be sure of what can be done
- D. testing to fatigue level and see what can be done next

Which of the following results would you expect to find using Jobe's relocation test to confirm an anterior instability of the shoulder?

- A. posterior to anterior humeral pressure would decrease the pain
- B. posterior to anterior humeral pressure would not affect the pain
- C. anterior to posterior humeral pressure would increase the pain
- D. **anterior to posterior humeral pressure would decrease the pain**

The primary objective of rehabilitation following an ACL reconstruction is:

- A. **to promote healing of the graft while restoring normal function of the affected limb**
- B. to improve knee ROM and extensor mechanism strength throughout the ROM

- C. to prevent excessive knee ROM by limiting knee extension
- D. to improve concentric strength of the quadriceps mechanism